



Wash your hands before filling out the cards and after leaving them in your neighbours mailbox.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.



Wash your hands before filling out the cards and after leaving them in your neighbours mailbox.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.

Hello, If you are self-isolating, I can help.

My name is: _____

I live nearby at: _____

You can reach me at: _____

I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent Supplies



Stay safe. Leave items on doorsteps, avoid physical contact, and stay 2m away from others.



**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca



**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca

**Help Lethbridge and join
the campaign!**

www.NeighbourhoodHero.ca